



Sausage Bake Casserole

Nonstick cooking spray
4 slices whole-grain or white bread
1 lb LSF breakfast sausage, browned and drained
6 large LSF Free run eggs
2 cups milk
1 tablespoon mustard
1/2 teaspoon salt
1/4 teaspoon ground black pepper
1 cup seriously sharp cheddar cheese

PREHEAT oven to 350°F. Coat 8-by-10-inch or similar-sized baking dish with nonstick cooking spray.

TEAR bread into small pieces and scatter over bottom of dish. Top with sausage.

WHISK eggs in a medium bowl until combined; whisk in milk, mustard, salt and pepper. Pour over bread and sausage. Sprinkle cheese over top.

BAKE uncovered for 35 to 45 minutes or until set all the way to center (knife inserted in center comes out clean).

** Modified from cabot creamery